



4-H GENERAL ACTIVITIES

Your 4-H experience should include opportunities for developing leadership, giving public presentations and participating in citizenship and community service activities.

4-H LEADERSHIP:

List 4-H offices held, (such as club president, secretary, etc.) committees served on and other leadership activities where you helped or taught someone else. Include all club, community, district and state 4-H leadership activities.

DATE (M/D/YY)	EVENT/OFFICE/ COMMITTEE	WHAT I DID	WHO BENEFITED (INCLUDE NUMBER)

4-H PUBLIC PRESENTATIONS:

Include all demonstrations, illustrated talks, speeches and talent presentations given to your club, or in your community, that relate to any 4-H project or activity. Include all informal presentations as well as planned presentations given at fairs, contests, radio or TV talks or interviews.

DATE (M/D/YY)	PROJECT/ TITLE OF TALK	SUBJECT	WHERE GIVEN	NUMBER IN AUDIENCE

4-H CITIZENSHIP/COMMUNITY SERVICE:

List activities you did without pay to help others. Include activities done with your club as well as by yourself. News articles written, window displays or other 4-H promotional activities should be included here.

DATE (M/D/YY)	TYPE OF SERVICE	WHAT I DID	TIME SPENT	WHO BENEFITED (INCLUDE NUMBER)

4-H EVENTS ATTENDED:

List all 4-H noncompetitive events you attended, such as achievement programs, workshops, tours, rally day, camp, teen events, etc. Events have a definite time and place and can be project-related or general 4-H events.

DATE (M/D/YY)	EVENT/LT		

OTHER (NOT 4-H) GENERAL ACTIVITIES

MY 4-H STORY

Write your story for the year in narrative form. Write as though you are actually talking to the reader. Include:

- Some things about yourself and your family.
- Information about each of your projects, but do not repeat your project highlights.
- Most important recognition you received such as honors, awards, trips.
- Your 4-H club experiences and how you were involved in your community and school.
- How you will apply what you have learned to other projects and life in general.

4-H CLIPPINGS AND CORRESPONDENCE

4-H ONGOING PROJECT HISTORY (CONTINUED)

Please list your 4-H projects from throughout your 4-H career here. This page is to be added to each year and transferred from year to year with your record book.

TYPE OF PROJECT	YEAR IN PROJECT	DATE STARTED (M/D/YY)	DATE COMPLETED (M/D/YY)	WHERE EXHIBITED

COMMENT PAGE

To be filled out by leaders, record book judges and others at the end of the year.

I have reviewed this record book and believe it to be correct.

Member _____ Date _____

Parent/Guardian _____ Date _____

Leader _____ Date _____

